

ADVANCED PAIN MEDICINE, PSC

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Lexington, KY 40509

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Trigeminal Nerve Block Discharge Instructions

After your injection(s) today:

- * Do not engage in any strenuous activity
- * Do not drive or operate machinery
- * Eat soft foods for the first day
- * Rest

You may experience any of the following after your procedure:

- * Sensation of warmth, tingling, or numbness at the injection site(s)
- * Mild pulling or burning sensation at the injection site(s)
- * Drooping eyelid and numbness in the face, sinus area, jaw, and/or lip. This is caused by local anesthetic and should last for 2-6 hours.
- * Reduced or total pain relief. This is due to the local anesthetic and will last only a few hours. Your pain could return and you may have a sore face for 2-3 days.

You may use ice to decrease discomfort and inflammation at the injection site for 24-48 hours after the procedure.

Please notify Advanced Pain Medicine, PSC if you develop any of the following:

- * Any redness that does not go away within a day
- * Drainage or increased pain at the injection site(s)

- * Fever of 101 F or greater that does not resolve with medication
- * Severe headache or numbness in the facial area that does not resolve after 2-3 days
- * Unusual or new symptoms

Advanced Pain Medicine, PSC is open Monday - Friday, 8 A.M. - 5 P.M. For emergencies or after hours, call the physician on call at (859) 271-3114. In case of emergency, please go to the nearest emergency room. If for some unforeseen reason you are unable to reach the physician on call, please go to the nearest emergency room.

APM, PSC

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